



17 Intimate Care Policy Toilet Training, Nappies, Sun Cream, and Healthy Teeth

At Summertime Nursery, we are committed to ensuring that every child feels safe, respected, and comfortable during intimate care routines. Intimate care includes nappy changing, toilet training, changing of soiled or wet clothes, sun cream application, and support with healthy teeth routines.

We recognise that such tasks can be sensitive and require staff to approach them with dignity, care, and respect while always maintaining safeguarding.

General Safeguarding Principles

- Children's privacy is respected while balancing the need for safeguarding visibility.
- Staff are never left alone in the nursery when changing a child's nappy, clothes, or assisting with toileting.
- All intimate care is carried out in line with safeguarding and health & safety procedures.
- Staff work in partnership with parents/carers to provide continuity between home and nursery.

Nappy Changing & Toilet Training Procedures

- Children's changing areas are positioned off the main classroom against a wall. These areas are visible to staff and within hearing distance, safeguarding both staff and children while respecting privacy.
- Staff wear disposable gloves, which are changed after each child.
- Children are always changed in designated nappy-changing areas within rooms.
- Preschool children are encouraged to wash their hands after nappy changes or toilet visits.
- Sudocrem (if used) is applied with a wooden spatula to maintain hygiene.
- Soiled changes are recorded on a chart and added to the child's personal *iConnect* account.
- Children are checked regularly throughout the day and have a set routine for nappy changes.
- Changing mats are wiped down after each use with antibacterial spray and covered with fresh paper roll.
- Used nappies are disposed of in a nappy bin containing a liner and a yellow clinical waste bag.
- Parents are asked to provide a bag of spare, named clothes for accidents.
- Children who are potty training are encouraged and reminded to use the toilet or potty. Staff provide reassurance and encouragement.
- Where possible, older children are encouraged to wipe themselves and develop independence, but staff will support children who need assistance.
- If a child is badly soiled, staff will shower and dry them, so they are clean and comfortable.
- When on outings or walks, nappy changes and toileting are carried out with another staff member present while respecting the child's privacy.

Sun Cream Policy

- Parents/carers must apply sun cream to their child before attending nursery.
- As part of the enrichment charge, Summertime can supply sun cream and apply a *top-up* later in the day with parent/carer permission given on the registration form.
- Parents may also provide their own clearly named bottle of sun cream for nursery use.
- Parents are requested to provide a named sun hat for outdoor play in hot weather.

Healthy Teeth Policy

- Summertime supports children in developing healthy oral hygiene routines.
- After lunch, children may brush their teeth at nursery.
- Parents must provide their child's own toothbrush and toothpaste.
- Parents will be asked to demonstrate their child's home brushing routine, ensuring consistency between home and nursery.