



17 Medication, Illness and health Procedures

At Summertime, we want every child to be well enough to enjoy their day while helping to protect the health of our children, families and staff. We work in partnership with parents/carers and take a preventative approach to illness.

When your child is unwell

Please let us know by email or telephone if your child will not be attending.

If your child becomes unwell at nursery, we will contact you and ask you to collect them.

Children who have had vomiting or diarrhoea must not return until at least 48 hours after the last episode.

Please keep all cuts and sores covered with a dressing.

If we are concerned about your child, we may take and record their temperature. If it is 38°C or above, you will be asked to collect your child immediately.

Please do not put medication in your child's day bag, as this could be accessed by other children.

Medication

We can administer prescribed medication when:

It is in its original container and clearly labelled with your child's name, date of birth, prescription date and dosage.

A Medication Permission Form has been completed by a parent/carer, including the time and dose of the last medication given at home.

Two members of staff will record/witness the medication being given.

Parents/carers will be asked to check and sign the record when collecting their child.

One medication form can cover medication, such as antibiotics, that is prescribed over several days.

Essential medication will be taken on outings. Medication will be stored safely and refrigerated where required.

Paracetamol and Ibuprofen

Child-specific paracetamol or ibuprofen will only be given with prior parental permission and a completed Medication Permission Form.

If you give your child paracetamol or ibuprofen within six hours of attending nursery, please tell a member of staff so we can monitor them.

In an emergency, we may administer the nursery's junior paracetamol where a child is at risk of overheating and their nearest next of kin is more than 30 minutes away, provided we have written or appropriate verbal parental permission.

We also keep Piriton (chlorphenamine). This may only be given in response to a serious allergic reaction while waiting for emergency medical help and parents/carers.

Long-term health conditions

For children requiring essential or life-saving medication, such as insulin, an EpiPen or nebuliser treatment, we will work with parents/carers and relevant health professionals to create an individual health plan and ensure staff receive appropriate training.

For asthma, inhalers will be stored safely at nursery and administration will be recorded.

For diabetes, we will work with parents/carers and the specialist diabetes team to ensure staff are appropriately trained to provide the required monitoring and treatment.

Allergies and intolerances

Please tell us about all allergies and intolerances and keep us updated about any changes. Please provide clear information about the allergen and how it affects your child. (see our allergy/intolerance policy)

Where a child has a severe allergy, such as a nut allergy, we may introduce a mandatory ban on that allergen being brought into the setting.

Outbreaks and notifiable diseases

If there is an outbreak or Period of Increased Incidence of an infectious or notifiable disease, we will follow advice from the local authority and relevant health authorities.

COVID-19 will be managed in line with the latest government guidance.

If there is a Norovirus outbreak, the nursery may need to close temporarily to allow for deep cleaning and reduce the spread of infection.

Keeping children safe

All staff are first-aid trained, with training updated every three years. We maintain links with health visitors, health authorities and other relevant health professionals and will seek specialist advice when needed.

Cathy White
Manager
September 2026